European Foulbrood: A Bacterial Disease Affecting Honey Bee Brood

Introduction

Fig.1: A classic symptom of European foulbrood is a curled upwards, flaccid, and brown or yellowish dead larva in its cell, pictured above.

**European foulbrood** (abbreviated EFB) is a bacterial disease that effects honey bee larvae before the capped stage. European foulbrood disease is characterized by dead and dying larvae which can appear curled upwards, brown or yellow, melted, and/or dried out and rubbery. The causative bacteria, *Melissococcus plutonius* is ingested by honey bee larvae after which the bacterium competes for food inside the larvae. If the bacteria out-competes the larva, the larva will die before the cell is capped. Alternatively, the bee may survive until adulthood if the larvae has sufficient food resources. European foulbrood should not be confused with American foulbrood (AFB), which is caused by a different bacteria that produces different symptoms and control requirements.

European foulbrood disease is considered to be more problematic in situations where forage nectar is sporadic, or other situations that result in fewer nurse bees in colonies to feed larvae. At the onset of nectar flow in early spring, forage recruitment of house bees may increase rapidly resulting in few bees in colonies to feed honey bee larvae. Often, when the nurse bee to larvae ratio stabilizes later in the season, or remains stable throughout a season, symptoms disappear. However, this disease can occur throughout a season and will sometimes not clear up on its own. In severe cases, colony death can occur. Also, yearly reoccurrence of EFB from contaminated combs and equipment can occur. The bacteria that causes EFB does not produce spores, but combs contaminated with the bacteria can still reinfect honey bees in subsequent years.

Causative agent

European foulbrood is caused by the bacterium *Melissococcus plutonius*. G. F. White is credited with first identifying the correct bacterium that causes European foulbrood in 1908, naming it *Bacillus* which he later renamed *Bacillus pluton* (Baily 1983). The bacterium was subsequently renamed by several scientists after it became clearly linked to the disease. Baily (1956) isolated the bacterium and, based on morphology, called it *Streptococcus pluton*. Baily and
Collins (1981) later re-classified the bacterium as *Melissococcus pluton* based on additional culture and chemical knowledge. This was then tweaked due to nomenclature rules to *Melissococcus plutonius* meaning "pertaining to Pluto or the underworld" instead of *M. pluton* which means "Pluton, Greek god of the underworld" (Truper and de Clari 1998).

As if the changing nomenclature is not enough to confuse, several other bacteria that are only found in association with *M. plutonius* were at times credited with causing EFB. This is at least partially due to the fact that these bacteria can overgrow *M. plutonius* and sometimes seem to improve its growth in lab conditions (Baily 1983). These secondary, infective bacteria present with *M. plutonius* include *Paenibacillus alvei*, *Achromobacter (Bacterium) eurydice*, and *Bacillus laterosporus* Laubach (Shimanuki 1997). These bacteria are sometimes considered symbiotic and may cause some of the differences in smell and appearance in infected larvae (Baily 1981). There is suspicion that some of these bacteria may have some causal relationship to symptom onset, but this has never been clearly established (Shimanuki 1997).

**Life cycle of European foulbrood**

Larvae become infected with European foulbrood when they consume brood food that contains the bacteria *M. plutonius* (Shimanuki 1997). There is also some evidence that transmission may occur from bites of the parasitic mite, *Varroa destructor* (Kanbar and Engels 2003). Inside infected larva, the bacterial populations concentrate in the food mass in the midgut and the gut peritrophic membrane interface (McKee et al. 2004) where the bacteria then reproduces (Bailey 1983). Depending on the level of infection, and possibly the amount of available food, the infected larva will either survive or die.

The degree of larval mortality, measured in one experiment, was directly related to the duration or amount of bacteria that was fed to the larva. Larvae were found to be more likely to die as increasing amounts of bacteria were fed (McKee et al. 2004). The larvae that survive go on to defecate and pupate, which leaves bacteria on the combs that can be infective for years, even though this bacteria does not produce spores (Baily 1981, 1983). Surviving larvae will become adults with generally lower weight and delayed pupation when compared to their uninfected counterparts, supporting the idea that infection creates higher energy demands (Baily 1960, Mckee et al. 2004). It is noted that an increased food supply from adequate numbers of nurse bees can reduce larval death and observed symptoms. With adequate amounts of food, larvae are more likely to survive (Baily 1983). This may explain why expression of the
disease can change sporadically year to year, and season to season, depending on the balance of nurse bee to larvae ratio and thus, the amount of brood food made available to the larvae.

Fig.6: Pictured are off-coloured to dull white larvae from a hive infected with European foulbrood. Note the somewhat pronounced tracheal tubes in the melted larvae to the right.

Symptoms of European foulbrood

It is important to not confuse European foulbrood with American foulbrood. These are two very different diseases that require different management and treatment routines. Both are however bacterial brood diseases. Use the table below as an overview to tell the difference between European foulbrood and American foulbrood.

<table>
<thead>
<tr>
<th>European foulbrood</th>
<th>American foulbrood</th>
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</thead>
<tbody>
<tr>
<td>Can be slightly ropey with threads less than 1.5cm, but usually not ropey.</td>
<td>Coffee colour, ropey with a fine thread about 2.5cm</td>
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<tr>
<td>Odour: sour or none</td>
<td>Odour: sulfurous, “chicken house”</td>
</tr>
<tr>
<td>Scale: brown to black, rubbery</td>
<td>Scale: brown to black, brittle</td>
</tr>
<tr>
<td>Stage of Brood: before capped</td>
<td>Stage of Brood: after capped</td>
</tr>
<tr>
<td>Appearance: twisted, dull to yellow to dark brown, tracheal tubes often visible</td>
<td>Appearance: chocolate brown to black, perforated cappings</td>
</tr>
</tbody>
</table>

Fig.3: Table from Shimanuki and Knox (2000) and Delaplane (1998), Ropey length from Shimanuki (1997), American foulbrood photo by Williams, USDA.
A "spotty brood pattern" (Fig. 4) in a honey bee colony can often be the first sign of a wide variety of problems, including EFB. A spotty brood pattern can occur when some larvae die in their cells from a disease, while others survive and become capped resulting in a spotty or shotgun appearance of the capped stage of brood. Many other conditions and situations can cause a spotty brood pattern. For example, an inbred queen can produce a spotty brood pattern when the alleles at the sex locus become homozygous. This produces fertilized, diploid males which are then consumed by worker bees. Although not unique to hives affected with EFB, a spotty brood pattern is a common symptom of EFB.

In hives infected with EFB, dying and dead larvae can become yellow and then brown. A sour, fishy odour may be present or not. Tracheal tubes can become more apparent as the larvae flattens or ‘deflates’(Fig.2). The larvae can also twist as they die and can die curled upwards (fig.1). Other times they melt in their cells and will generally be mushy. The remains can be slightly ropey with threads less than 1.5cm long (Shimanuki 1997). To test if the remains are ropey, a toothpick, match, or small stick can be probed into the cell and removed (fig.5). Once dried, a rubbery scale remains.
Confirming diagnosis

Diagnosis of infection with European foulbrood should begin with visual inspections of the above symptoms. Beekeeper’s inexperienced with EFB would likely benefit from confirmation of diagnosis before taking action, in case the infection is another bacteria, virus, chilled brood, or some other situation. Confirmation could occur through their state sponsored apiary inspection program, if available, or by the use of an inexpensive and easy to use diagnostic test kit, or sending a sample to the USDA Beltsville Bee Research Laboratory for testing.

Diagnostic field validation kits for EFB are based on monoclonal antibodies of *M. plutonius* (Tomkies et al. 2009). Samples sent to the USDA Beltsville Bee Research Laboratory for diagnosis will be examined microscopically for the presence of *M. plutonius* or one of the associated bacteria, which have often eliminated *M. plutonius*. Other methods to confirm *M. plutonius* include: Enzyme-linked immunosorbent assays (ELISA), (Pinnock and Featherstone 1983), a hemi-nested PCR assay (Djordjevic et al. 1998), and quantitative real-time PCR (Roetschi et al. 2008).

Occurrence and distribution

European foulbrood occurs on all continents where honey bees are kept (Shimanuki 1997). During the early 1980’s in the U.S., it was historically severely problematic in New Jersey during the spring cranberry and blueberry pollination season. This created some suspicion that low nutrition in pollination fields were having an effect on EFB occurrence, but this did not seem apparent in trials conducted by the USDA (Herbert and Shimanuki 1984). This regional outbreak in New Jersey pollination fields was not consistent. Herbert et al. (1987) reported that in 1986-87, European foulbrood could not be found in the New Jersey, USDA test colonies, while previous to 1986 the disease was a serious problem.

Baily (1983) explains the occurrence of EFB as having the propensity, "...to remain in apparent, then to appear, sometimes in a very severe form, and then frequently to disappear spontaneously, especially after midsummer...". Thompson and Brown (2001) indicate that yearly recurrence of the disease in infected apiaries is particularly problematic in the UK.

In Switzerland, incidences have increased in recent years (Forsgren et al. 2005). In that country, PCR techniques were used to detect European foulbrood in colonies with and without symptoms, (Belloy et al. 2007) it was found that in colonies without symptoms in apiaries where other colonies were symptomatic, 90% of the adult bees carried the bacteria. In apiaries without symptoms, but near symptomatic apiaries, 30% of the colonies carried the bacteria, and in apiaries far from symptomatic apiaries, the bacteria could not be detected. This means that it is possible that the bacteria may not be present in regionally isolated areas.

Cultural control

Fig 7: A larva with its cell torn down for visibility, in a bee hive infected with European foulbrood

There are limited options for possible cultural control of this disease. However, as noted above, treatment may not always be necessary in all cases if conditions change that result in disappearance of the disease. Control is sometimes necessary though. Re-queening the colony may have some benefit, due to a break in the brood cycle, and supplying a queen that is more prolific (Shimanuki 1997). There is some evidence of genetic resistance towards the disease (McKee et al. 2004, Shimanuki 1997), but there are no known lines/breeds that are resistant to EFB, including lines bred for hygienic behaviour (Spivak per comm). Hygienic lines are however clearly resistant to American foulbrood.
Due to the infectious activity of the bacteria on contaminated combs, moving combs and equipment should be expected to cause cross contamination. In some countries, destruction or sanitation of infected combs and equipment is required. As of 2008 in Switzerland, European foulbrood is a notifiable disease which requires sanitation of apiaries, without the use of antibiotics. This includes the process of burning every infected and weak colony. In a Swiss study, Roetschi et al. (2008 showed that this process was not very effective as 5 out of 8 sanitized apiaries were reinfected one year later. However, destroying contaminated equipment has proven effective in another study (see "Chemical control").

Chemical control

Fig. 8: A melted larva in its cell from a hive infected with European foulbrood.

In the US, as of this writing 2009, the antibiotic Oxytetracycline HCL soluble powder (OTC), trade name Terramycin is the only product labelled for the control of European foulbrood. Various concentrations are available. This means that users of this product should pay particular attention to the product label to deliver the correct dose, or contact their local state beekeeping inspector or extension specialist for assistance.

Terramycin is also registered for the use in controlling American foulbrood, although it has been established that American foulbrood is expressing resistance to this drug in the U.S. (Miyagi et al. 2000). An equivalent study on whether or not European foulbrood is expressing resistance to Terramycin in the U.S. could not be found. There is a study that investigated European foulbrood OTC resistance in the U.K. and it found that resistance was not occurring (Waite et al. 2003b see summary). However, use of Terramycin in the U.K. is greatly different then in the U.S., so this may not give any indication to its effectiveness in the U.S. Use of Terramycin as a precautionary, or prophylactic, method to prevent European foulbrood in non-symptomatic colonies, even in infected apiaries, is not recommended (Thompson and Brown 2001 see summary).

A promising method for controlling European foulbrood has been developed in the U.K., which involves the combination of removing contaminated equipment with the "shook swarm" method along with the use of antibiotics (Waite et al. 2003a see summary). As mentioned above, recurrence of the disease can be a major problem. This method seems to help control recurrence the following year, in addition to disease control the year implemented.